

WELCOME

The 2021 Hudson Student Retreat is an exciting, collaborative, and welcoming event for all Hudson students, research group heads and supervisors. We have used feedback from previous student retreats to make the retreat more engaging and fun, bringing students and staff from all different areas of the Hudson together. We hope you enjoy this year's retreat!

DAY 1: Wednesday 8th of September

TODAY WILL BE ALL ABOUT COLLABORATION, WITH STUDENT PRESENTATIONS, ACTIVITIES AND TRIVIA AT THE END OF THE NIGHT.

08:30 – 09:50	<i>Bus Departs Hudson Institute and arrives at Silverwater Retreat, Phillip Island (for those who opt to take the bus)</i>
10:00 – 11:00	Beginning of Retreat Morning Tea & Ice Breaker Game
11:00 – 13:00	Student Presentation Preparations - Research group heads/ supervisors assigned to a group to assist student preparation and provide feedback
13:00 – 14:00	Lunch
14:00 – 15:30	Student Presentations - People's Choice award
15:30 – 16:00	Afternoon Tea
16:00 – 17:00	Student and Staff Activities & Games
17:00 – 18:00	Check-in & Free Time
18:00 – 18:30	Drinks on the Balcony (at own cost)
18:30 – 20:00	Buffet Dinner
20:00 – 22:00	Staff and Student Trivia night (Theme: <i>Ugly Sweater</i>) - Prize for winning team

DAY 2: Thursday 9th of September

R U OKAY DAY & PROFESSIONAL DEVELOPMENT

08:30 – 09:30	Breakfast & Check-out
09:30 – 10:00	Ice Breaker Game
10:00 – 11:00	Mental Health & Meditation Speaker - Associate Professor Craig Hassed
11:00 – 11:30	Morning Tea
11:30 – 12:30	Accelerate your science communication skills workshop - Dr Meropie Carr
12:30 – 13:30	Career-Focused Q&A Panel - Dr Emily Gulliver, Dr Shanny Dyer & Stuart Mudge
13:30 – 14:30	Lunch
14:30 – 15:00	Retreat Round-up & Prizes End of Retreat
15:10 – 16:40	<i>Bus Departs Silverwater Retreat, Phillip Island and arrives at Hudson Institute</i>