

## How to order ARR (Aldosterone Renin Ratio) using Guidance Based Requesting

1. Click the pathology icon at top of patient window
2. Check “Hobart Pathology” selected from drop down menu
3. Search ‘hypertension’ in the clinical contexts search box.
4. Select ‘hypertension diagnosis’ (new hypertension) OR ‘hypertension monitoring’ (existing hypertension).  
*Tip – single click to show tests, or double click to tick all recommended tests.*
5. Tick ‘Aldosterone/renin ratio’ (also known as ‘ARR’)  
*Note - ARR will appear at different levels on the list for monitoring vs diagnosis contexts. For the CONSEP trial – ARR is recommended for all patients with a **blood pressure of 140/90** or on **4 or more blood pressure lowering medications**.*
6. Select any other tests required by using ‘clinical contexts’, ‘favourite tests’ or ‘search tests’ fields.
7. ‘Print & Send’.

Please note – under ‘initial recommended test(s)’, instruction is given re: ARR ideally being performed prior to antihypertensive medication commencement. For the CONSEP study, ARR may be performed regardless of diuretics and MR antagonists already being started and there is no need to cease or replace these medications. ARR is simply interpreted accordingly (see CONSEP diagnostic pathway)

The screenshot shows the 'Pathology request' window for Hobart Pathology. The interface includes a top toolbar with various icons, a search bar, and a list of clinical contexts. The 'Hobart Pathology' dropdown menu is selected. The search results for 'hypertension' are displayed, with 'Hypertension Diagnosis' and 'Hypertension Monitoring' highlighted. The 'Aldosterone/renin ratio' test is selected in the 'Recommended tests' list. The 'Initial recommended test(s)' section provides detailed instructions for performing the test. The 'Favourite tests' and 'Search tests' sections are also visible. The 'Print & Send' button is highlighted at the bottom right.